

# Modifiable Risks.

Re-thinking risk assessment to create better value, more inclusive products

We're smarter together



# A few MEGA TRENDS are converging...

**Society shifts Consumers** Regulation

Seismic shifts, health crisis.

The digital consumer and its expectations.

Constraints meet incentives.







# Mega-trend spotlight: Societal shifts

The rise of Non-Communicable Diseases (NCD)...

... especially the growing obesity and diabetes epidemic

**70**%

of all deaths globally can be attributed to Non-Communicable Diseases (NCD) 88%

of the US population is overweight

1 in 3

of these NCD-related deaths impact individuals between the ages of 30 and 69

1 in 10

>50%

adults are predicted to suffer from diabetes in 2040

higher risk of dying or being

hospitalized for strike or

heart attack for diabetics compared to non-diabetics

80%

of the premature NCD deaths are linked to 4 causes



Cardiovascular



Cancers 8.8 m



Respiratory 3.9 m



Diabetes 1.6 m Faced with the rising obesity epidemics, the "**Eat well and exercise**" lifestyle is becoming more mainstream.

Source: World Health Organization (WHO): IDF Diabetes Atlas Seventh Edition 2015; Turin study pubmed; Swiss Re





# Mega-trend spotlight: **Consumers**





I'd like to be better understood

I trust my peers and community over big corporations

data but there needs to be something in it for me

I want total transparency

I want to be **treated as**an individual



I demand engaging experiences, ease of use, flexibility and value

# Powered by more, increasingly sophisticated wearables









# Mega-trend spotlight: Regulation

#### **INCENTIVE** for industry innovation on NCDs

#### **CONSTRAINT** to industry innovation on NCDs



To "protect consumers", we need to intervene and strongly nudge/enforce better health behaviours.

e.g. Implementation of "sin taxes" e.g. Sugar taxes already implemented in 28 countries.

#### The DILEMMA for GOVERNMENTS



To "protect consumers", we need to protect purchasing power, employment levels and their individual freedom.





#### The DILEMMA for INSURANCE REGULATORS

To "protect consumers", we need "fairer" products, that everyone is able to buy. We need to get more people insured.



To "protect consumers", we need to ensure adherence to the basic principle of **risk** pooling in insurance.









## For insurers, the repercussions are significant

3 observed mega trends...



To FUTURE-PROOF of business, this means



#### REGULATION

A mix of constraints and incentives



 The notion of "fair" underwriting in the L&H context is being challenged.



Target **preventative interventions** to delay or prevent claims. **Assess** key modifiable risks **dynamically** over time.



#### **SOCIETAL SHIFTS**

The rise of non-communicable diseases, diabetes

- Cost of claims will continue to rise.
- An increasing part of the population won't be able to afford traditional coverage.



Develop more **engaging and inclusive** products for all consumers, not just the healthy; target **preventative interventions** to delay or prevent claims.



#### **CONSUMERS**

Data for value and hyperconnected experiences One size fits all solutions are not good enough anymore for consumers.



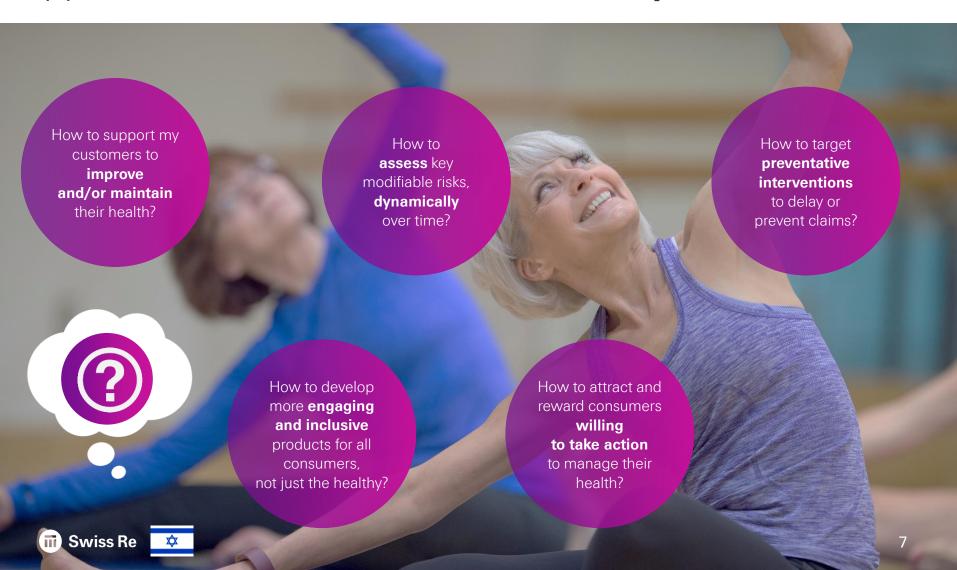
Attract and reward consumers willing to take action to manage their health. Support customers to improve and/or maintain their health







For your business this brings clear challenges as well as opportunities... but some fundamental questions arise.



Change has been very slow... why? What is holding us back?





## Where are we today?

Some offerings have started to **embrace** the opportunity to **engage with customers** on ways to improve their health... but some **sizable challenges** remain

- Industry focused on selling efficiently to healthy lives.
- Underwriting is negative process for individuals suffering from NCDs.
- Many don't attempt or give up buying cover.
- Those who make it: often feel they got a bad deal.
- Products targeting "unhealthy lives" tend to be disease specific (EG Diabetes) therefore quite niche.



The conditions caused by modifiable risks typically do not occur until later in life and once policy sold.



Discounts and rewards are not enough to remove roadblocks to sale and incentivize engagement.



Individuals affected by NCDs experience painful underwriting process with high loadings & cost of cover.



The consumer gets little value from our risk assessment.







# Authenticity

Can we effectively **engage** with customers to **manage** health risk without changing how we **structure** our products?







# Modifiable Risks

Is how we **assess and manage** risk today appropriate, given the influence **individuals** can have through their diet & lifestyle **choices**?

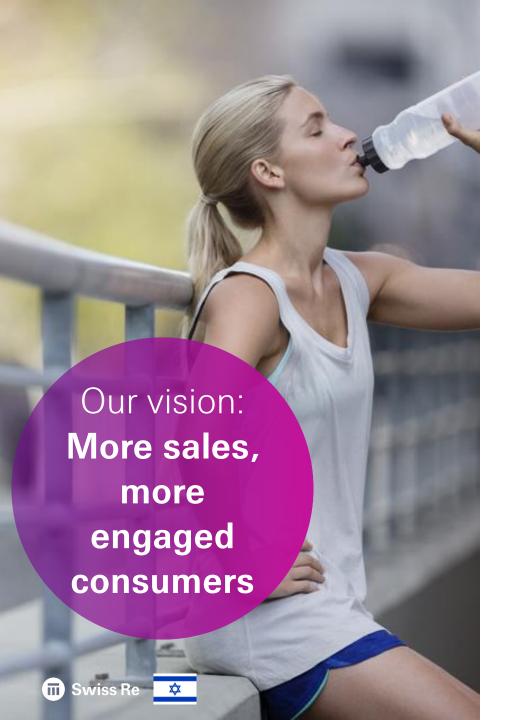




So where do we go from here?







# Consumer-centred **Modifiable Risks Solutions**

#### **Our mission**

Deliver insurance-relevant expertise, programs and insights to our partners.

Grow sustainable & profitable business; inclusive and relevant for all lives to close the **Protection Gap**.

Help change **consumers' perception** of Protection & underwriting.



## Embracing the modifiable nature of risks - P&C Telematics

# **Modifiable risks** in the context of auto insurance:

- How you drive
- How much you drive
- When and where you drive

#### Swiss Re's Telematics solution



# The traditional automotive risk pricing model



- Age
- Driving years
- Territory
- Vehicle data
- Previous claims

Based on Risk proxy

# Deliver added value to today's consumers

# Usage-Based Insurance (UBI) pricing model



- Driver behaviour
- Context of driving
- Surrounding information
- Comparison to other drivers

**Based on Behavioural rating** 







## Embracing the modifiable nature of risks in the L&H context

#### The traditional risk factors



- Demographics
- Family history
- Disease history
- Existing conditions

### The behavioural risk factors



- Dietary habits
- Physical activity
- Tobacco use
- Alcohol use
- Sleep quality
- Stress levels

### The metabolic risk factors



- High BP
- Obesity
- Diabetes
- Raised lipids









Cardiovascular



**Disease** 



**Diabetes** 



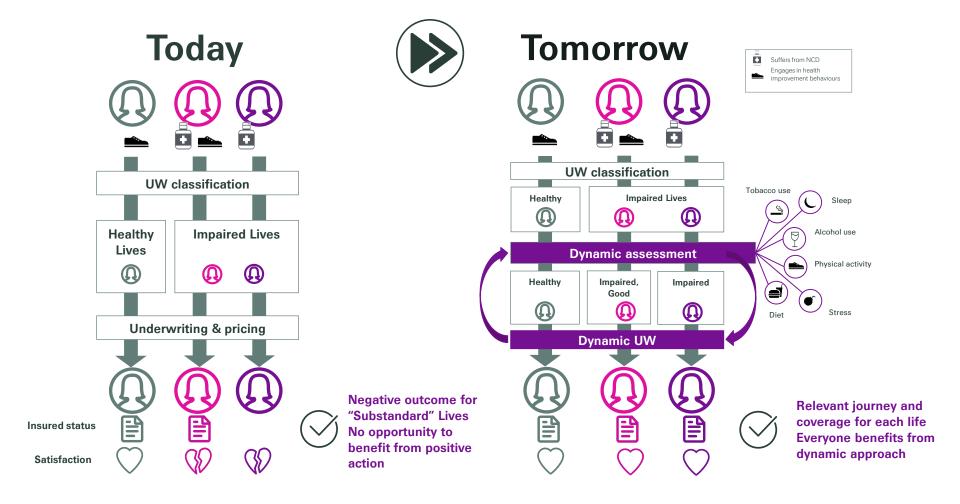
**MODIFIABLE RISKS** 







## Rethinking the customer experience for ALL LIVES







# Nutrition platforms

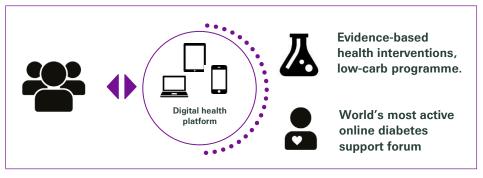
### **Gro Health**

Addressing the Obesity and Diabetes Epidemic through targeted Behavioural Intervention

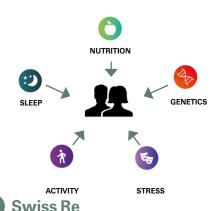


#### The solution

A breakthrough **diabetes and metabolic risk programme**, based on low carb nutrition principles, run in partnership with Gro Health, coupled with our behavioural expertise.



Addresses all aspects of modifiable risks



... through **multiple channels** and an ongoing **cycle of feedback and support** 



The benefits are clear - improved health, lower claims

>70%

Customer engagement with the platform 12 months after start

39%

Diabetic platform users who put their diabetes into remission

1 to 5pts

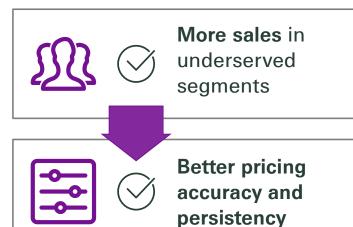
Estimated claims improvement impact

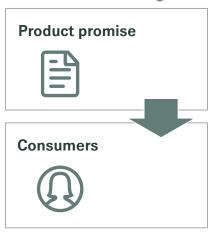


## **Today**















Today we **deliver resilience** by paying out money at the **point of claim** to support those in need.

As an industry, we can do MORE.

Let us drive resilience by helping our policyholders stay **healthy** and **prevent**, not just pay for claims.





## We're smarter together

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